

Sermon Notes Page
Listen – Praying in a Noisy World
Week #2 – Pray Like This
Pastor Kurt Tomlinson
June 18, 2023
Luke 11:1-10

- Listen, Praying in a Noisy World – Bishop Reuben P. Job
 - o <https://www.cokesbury.com/Listen-2?refq=listen> (or google the book title)
 - o Learning to listen – “The remedy lies in learning again the habit of listening to God in all things and at all times (p. 5)
 - o Weekly Prayer Practice #1 – Sitting in Silence
 - My Prayer Practice times:
 - Morning time: _____
 - Evening time: _____
- The Lord’s Prayer – Luke 11:2-4
 - o Our Father, who art in heaven...
 - Shifts our focus from us to thee.
 - Prayer begins and ends with listening. “Our Father” teaches us to listen.
 - o Give Us This Day...
 - Put the appreciation in the right place.
 - Helps us understand that all is a gift from God.
 - o As we...
 - We want God to be generous in forgiving our sins...
 - ... even the ones we don’t know about.
 - We are forgiven as we forgive others.
 - Forgiveness is good for us.
 - o The Pause that Provides Palliation
 - The pause asks God to lead our whole lives.
 - o Prayer Practice #2 – Releasing our Fears, Needs, and Hopes
 - Fear drains us.
 - Needs drive us.
 - Hopes distract us.
 - Take the time to release at least one fear, one need, and one hope each day.
 - o Release the residue – the pieces of those things we give away that we want to hold on to.